



Classic Touch Acupuncture



欢迎 *Welcome*

At Classic Touch Acupuncture the emphasis is on you. Whether you desire treatment for a chronic or acute illness, treatment to enhance and improve your health, lasting relief from stress and fatigue, or pure relaxation, you have come to the right place.

Imbalances can appear in our bodies as a result of energetic disharmonies caused by stressful emotional states, physical trauma or impurities in our air, water and food. Using acupuncture, as well as a variety of other energetic modalities, we gently encourage your return to a state of dynamic balance, allowing you to experience profound health and a deep sense of well-being.





We treat patients through a combination of healing techniques including those practiced in Chinese medicine, western energetic, and herbal traditions. Our approach is tailored to the individual needs of each patient and may include the use of:

- Acupuncture
- Acupressure
- Reiki
- TuiNa
- Herbs
- Moxabustion
- Cupping
- Qi gong
- Nutritional and lifestyle counseling
- Homeopathy
- and Nutraceuticals.





The following is a brief list of some of the many issues that can be treated with acupuncture:

- Digestive disorders (IBS, acid reflux, peptic ulcers, Crohns, etc.)
- Respiratory conditions (asthma, allergies, Bronchitis, Hay fever, etc.)
- Immune deficiency (common cold, chronic sinus infections, etc.)
- Chronic and acute musculo-skeletal pain (neck, back, shoulders, knees, feet, etc.)
- Dermatological conditions (acne, eczema, psoriasis, dermatitis, scars, cosmetic/facial rejuvenation, etc.)
- Gynecological conditions (PMS, ovarian cysts, infertility, amenorrhea, etc.)
- Neurological dysfunction (paresthesia, paralysis, multiple sclerosis, etc.)
- Emotional issues (anxiety, depression, body image issues, postpartum, etc.)
- Sleep disorders (insomnia, etc.)
- Stress
- Cardiovascular (High cholesterol, Hypertension, etc.)

Course of Treatment

As part of your initial visit, we will discuss with you a proposed course of treatment. Response varies from person to person, and from condition to condition. Some need only a few sessions, while others need sustained care to reverse entrenched patterns established over a long period of time. The duration of treatment depends on the nature of the illness, its severity, and how long it has been present.

Generally, one month of treatment may be necessary for each year that a condition has been active. For longstanding illnesses, weekly treatments may be required for several months in order to have a curative effect.

As symptoms improve, fewer visits are required, individual progress being the yardstick. The ideal approach to illness is to begin treatment as soon as possible. The sooner you seek help, the easier it is to treat.



Neuro-Hormonal Communications Systems Management

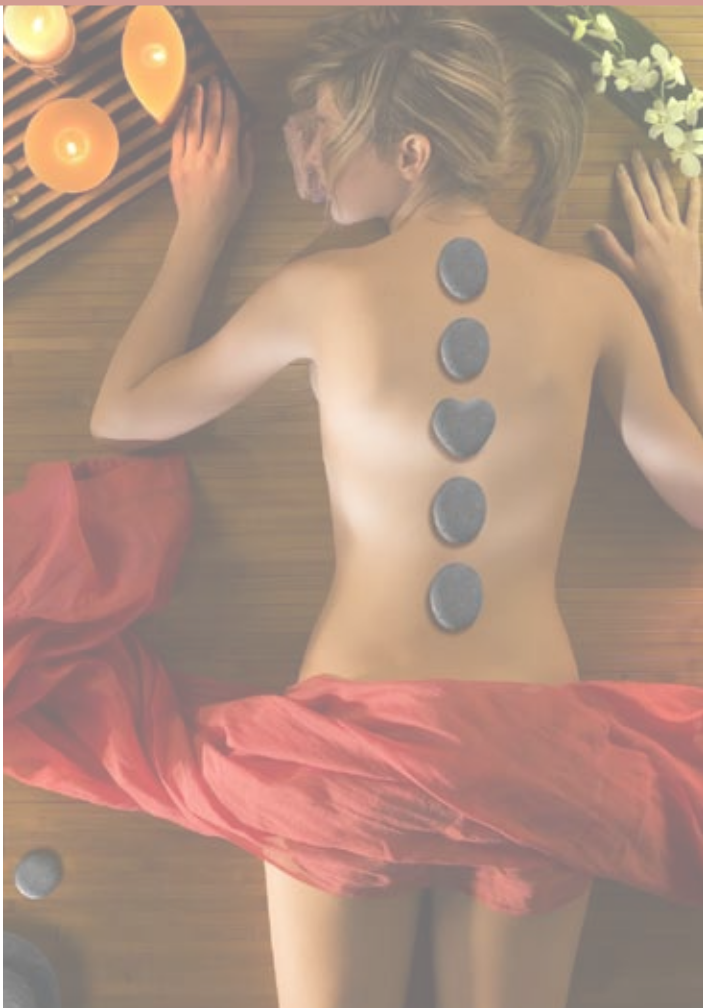
At Classic Touch Acupuncture Center, we try to address the underlying causes of chronic disease with a proprietary system that detects neurotransmitter and hormonal imbalances and incorporates non-drug therapies to help you manage the root cause of conditions such as fibromyalgia, depression, anxiety, insomnia, weight gain, fatigue, menopause, andropause, and a plethora of others.



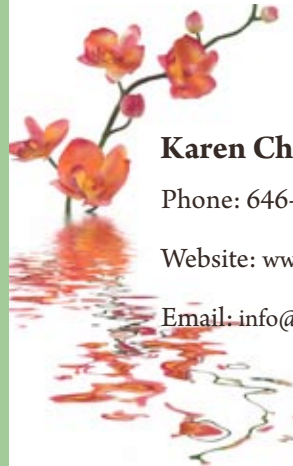
At your request, we can provide non-invasive serial testing that utilizes functional laboratory assessments, expert analysis and interpretation and Targeted Nutritional Therapy in concert to restore balance and sustain the long term health of the body's communication system.

Key components of this protocol are:

1. Functional assessment - laboratory tests that quantify hormone and neurotransmitter levels.
2. Analysis and interpretation - each patient's symptoms and test levels are reviewed by a team of physicians, researchers, naturopathic doctors and nutritionists. You will receive a copy of this report.
3. Therapy - A clinical protocol that includes Targeted Nutritional Therapy (TNT) formulas. (Acupuncture can also be included in your treatment.)



Classic Touch Acupuncture



Karen Chase, L. Ac., BPS, MSAC

Phone: 646-233-3016

Website: www.classictouchacupuncture.com

Email: info@classictouchacupuncture.com